



Oak Hills Living Center

# THE OAK TIMES

November - December 2016



## Visitors abound from the local schools



You've heard it before and you'll hear it again – we love our visitors! Everyone is welcome. Our latest visitors were students from St. Anthony Elementary School for crafts and the New Ulm High School Volleyball team for a game night.



*Wilma S. (left) and Megan Hulke (right) strategize in the "Go Fish" game.*



*Erika Fritsche enjoyed doing a craft project with the students from St. Anthony's.*



*An Eagles volleyball player found a new friend in Shirley Larson.*



*Resident JoAnn B. and Rachal visit with a student.*



*The students and residents worked side-by-side to create fun fall art projects!*



*Eagles Volleyball members help resident Laneta Havenmeier with the interactive card game "Apples to Apples."*





## Candas' Column

Candas Schouvieller,  
Administrator  
Oak Hills Living Center

Are we already in the last months of 2016? But you know what they say about when time flies – it means you're having fun. And we have fun every day at Oak Hills!

The holiday season is in full swing. Halloween was a treat for us as we had a Halloween party for the residents on October 31st. Trick-or-treaters were welcome to come visit from 3:15 p.m. to 5 p.m. and residents handed out candy. It is always great to have visitors, especially when the community comes in during the typical times of tradition.

There are a lot of happenings going on in December with the individual neighborhoods hosting Christmas parties as well as group Christmas parties with a lot of entertainment scheduled. If you are interested in joining us for any of these holiday activities, please check out our calendar for more details or give us a call.

On another note, our annual Foundation meeting is scheduled for November 4th. The meeting will feature reports, news, and a luncheon at 11:30 a.m. A press release from the Foundation can be found in this newsletter with more details. If you receive this newsletter before the 4th and would like to attend, follow the RSVP instructions in the press release.

One last update comes from our exercise program Live2BHealthy. We have a new instructor, Drew Auferheide. He is so wonderful with our residents – they love him! We are seeing great results from the program as far as mobility and flexibility go. This has been an incredibly positive program that we will continue into 2017.

I would like to wish all of you happy and safe holidays this year. Looking back on 2016, we can all be proud at what we accomplished at Oak Hills. In all we do here, we do it for our residents. Their needs are number one and we never lose sight of that. We cherish each and every one of them. Have a happy New Year!

## Out and About in New Ulm



Assisted Living residents found a spot on the Oak Hills shuttle bus ready to enjoy a tour around town!

## Oak Hills Recognizes Fire Prevention Week



The Oak Hills Living Center got a visit from members of the New Ulm Fire Department in October for Fire Prevention Week. We are all thankful for their service.

# Annual Foundation Meeting

The Oak Hills Memorial Foundation announces the Annual Meeting Luncheon on Friday, November 4 at 11:45 a.m. in the Hillside Haven Conference room at Oak Hills Living Center, New Ulm.

Gutes Essen will cater the luncheon. Highlights of the annual report will be noted, a brief presentation of the financial report will be covered by CPA Angela Woelfel, Carlson Highland, Inc., and guest speaker Joe O’Kane of LeadingAge Minnesota will speak of “Angels and Heroes in our Workforce.”

Joe O’Kane joined the LeadingAge Minnesota team in April of 2013 as the Insurance Advisor for Aging Services Group. In this role he is available to assist members when evaluating all types of insurance, employee benefits and risk management solutions. He brings over 15 years of combined experience in the Insurance and Employee Benefits industry. Joe is a trusted resource for members when they review their policies and has unique insights on the caring, heroic people that are employed at nursing homes.

LeadingAge Minnesota has served older adult service providers in Minnesota for the past 49 years. What began in 1967 as a segment of the Minnesota Hospital Association has become one of the nation’s leading or-

ganizations on issues of aging.

Anyone wishing to attend this OHMF Annual Meeting and receiving this newsletter before November 4th can RSVP to [info@oakhillsfoundation.com](mailto:info@oakhillsfoundation.com) or call 507-359-2120. Everyone is welcome.

## Auxiliary seeks Members

The Oak Hills Auxiliary will soon be launching its membership appeal. The Auxiliary volunteers specifically assist with bi-monthly neighborhood "Wine and Dine" events for residents. The six times-a-year duties include serving beverages and appetizers, chatting with residents, helping serve the meals, and clearing tables afterwards. Residents so enjoy the friendly camaraderie these events provide. Auxiliary members also host the annual Ice Cream Social and band concert each July where they help set up and serve ice cream sundaes. On the first Sunday afternoon each month, an Auxiliary volunteer strolls the Oak Hills Trolley through the neighborhoods, another opportunity to provide a diversion and an enjoyable social interaction. Seven or eight volunteers fold and label the bulk mailing of this Oak Hills newsletter and one or two other large mailings a year. The Auxiliary Board of Directors meets every other month and is also seeking some new members. If you have an interest in joining, please contact Patty Matthews at 354-9374.



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## Let Gutes Essen cater your holiday party!

The holiday season brings good times spent with family and friends, and many gatherings. But Thanksgiving, Christmas, and New Years Eve also bring a long list of things to do! Give yourself a break this year and let Gutes Essen create something wonderful for you to bring to the party. Whether you need a get-together completely catered or you would like to order some specialty items, we can help. We offer appetizers, fruit and veggie trays, main courses, dessert, and unique items in between.

Call the Gutes Essen at 507-233-0814 or send a message to [catering@oakhillsnewulm.com](mailto:catering@oakhillsnewulm.com) for rates, options, and availability.



### Upcoming Events:

#### November

- 2 5 p.m. Wine and Dine
- 5 2 p.m. Lyndsey Goblirsch
- 6 Afternoon Oak Hills Trolley
- 9 9 a.m. Eagles 4 Preschool Program
- 1 1 p.m.
- 10 4 p.m. Memorial Service\*
- 11 3 p.m. Social Hour with performance by Annie Vogel
- 15 2 p.m. Cletus Goblirsch
- 16 2 p.m. Birthday Party
- 19 10 a.m. Robbi Kunz
- 2 2 p.m. Nick Stadick
- 26 2 p.m. Tony Berg

\* The Memorial Service is open to residents, families, staff, and friends to remember their loved ones. The Allina hospice and Oak Hills Memorial Foundation host this service.

#### Notes on November:

Other events in November will include a Veterans Day program, a shopping outing, hunting programs, and we will be starting Christmas light tours after Thanksgiving.

November is also a month in which we recognize and are thankful for all our blessings. One thing that comes to mind is the community support we receive, including our Auxiliary, the Oak Hills Memorial Foundation, and the Oak Hills operating board. Our amazing volunteers are another huge blessing. They entertain us, help us to and from activities, take us to doctor appointments, visit us, and more. Last, but certainly not least, we are grateful to our dedicated staff who truly make a difference in our residents' lives.

#### December

- 4 Afternoon Oak Hills Trolley
- 9 3 p.m. Social Hour with performance by Annie Vogel
- 10 2 p.m. Brent & Wendy Lang
- 14 9 a.m. Eagles 4 Preschool Program
- 1 1 p.m.
- 31 2 p.m. New Years Eve celebration with Tony Berg

#### Notes on December:

In December, we are blessed with many community groups who come to visit, entertain, and share their talents and gifts with us. The residents look forward to the friendly faces this time of year brings. As we schedule more of the dates and times of special events and activities, the Oak Hills website calendar will be updated.

*Note: Be sure to check the calendar online at [www.oakhillsnewulm.com/events/](http://www.oakhillsnewulm.com/events/) for the most up-to-date information. As events are scheduled or exact dates are determined, the online calendar is updated. Contact Rachal Becker at 507-233-0819 for more information.*

### Contact Us

Main Phone:  
507-233-0800

Assisted Living:  
507-233-0816

Dietary/Catering:  
507-233-0814 or  
[catering@oakhillsnewulm.com](mailto:catering@oakhillsnewulm.com)

Visit:  
[www.oakhillsnewulm.com](http://www.oakhillsnewulm.com)

### Volunteer

If you are interested in sharing your time or talents with Oak Hills Living Center projects or activities, please contact Rachal Becker at 507-233-0819 or 507-233-0815

**Our Mission: To enrich and support the lives of those we care for with excellence, compassion, respect and competence.**

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